# Sophia Poulin

## **EDUCATION**

Clark University, Worcester, MA — Bachelors of Arts

September 2017- June 2021 (expected date of graduation)

**Londonderry High School, Londonderry, NH** — *High School Diploma* August 2013-June 2017

#### **EXPERIENCE**

## Bittersweet Bake Shoppe, Litchfield, NH— Assistant Baker

December 2020- Present

- Take initiative in order to practice and develop skills
- Meticulously follow directions
- Work with customers to cater to their needs
- Follow various protocols for the Covid-19 Pandemic as well as food safety

#### Great American Dining-Lago, Meredith, NH — Server/Bartender

June 2015- August 2020

- Maintain positive dining experiences at a fine dining establishment
- Provide support in all areas of the restaurant
- Train new employees
- Named employee of the month, June 2016

#### Lincoln Street Elementary School, Exeter, NH — Substitute

#### Teacher/Paraeducator

December 2019-March 2020

- Support students with academic and behavioral needs
- Exhibit flexibility when addressing the daily demands of the school
- Follow teacher plans with fidelity
- Facilitate positive relationships with students and staff

#### University Park Campus School, Worcester, MA — Secretary

November 2018- March 2020

- Assist teachers with various classroom tasks as requested
- File student records
- Answered and directed calls in a positive and respectful manner

#### Champions Child Care, Windham, NH — Teacher

November 2015- June 2017

- Worked with students in grades kindergarten through fifth grade
- Designed and conducted educational activities for students
- Maintained and followed safety guidelines for all students
- Created trusting relationships between teachers and students

Worcester, MA 01610 (603)425-8717 sjwpoulingmail.com

#### **SKILLS**

Leadership

Organization

Communication

#### **AWARDS**

Fiat Lux Honor Society

Clark University, 2020-Present

Clark University Field Hockey Captain, 2019- Present

**Student Athlete Advisory** 

**Committee: Community Outreach** 

Coordinator, 2019-Present

Clark University Dean's List, 2020-

Present

Clark University Dean's List-

Second Honors, 2018-2019

NFHCA Zag Field

**Hockey/NFHCA Division III** 

National Academic Squad,

2017-2019

National Honors Society,

Londonderry High School,

2015-2017

#### **PROJECTS**

# Worcester County Anti-Testing Collaborative

**(WCATC)** — *Community*,

Youth, and Education Studies

Praxis Project

Currently in progress under

advisement of the Clark

University Education

Department.